

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NEW YEAR'S 1 9:00 Daily Chronicle & Rm Visits 10:00 Sunday Church / Hillsong TV 10:00 Adult Art on 5South 10:30 1 to 1 Rm Visits -Yolanda -5S 2:00 Movie Matinee-3N w Mellissa 2:30 Quite Time Reading-All Units 2:30 TV TIME - On your own 2:30 Quite Time Reading-All Units 2:30 TV TIME - On your own 4:00 Soul Music Listen- 2MPR New Year's Day	2 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Yoga Movements- All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Family Phone Calls-All Unit 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Unit Popcorn - All Units 3:30 Care Tracking - All 5:00 Evening News- Room TV	3 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Family Room Calls - All Units 10:30 Did You Know Trivia-All 10:30 Word Find- Independent 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Cross Words Puzzle/ All Units 3:30 Care Tracking -All 5:00 Evening News- Room TV	4 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Exercise-All Rms. 10:30 Nail Painting-4S & 5N 10:30 Did You Know Trivia-All 12:00 Lunch in Room -All Units 2:30 Unit Rolling Snacks-4N 2:30 Adult Coloring- All invited. 3:30 Hydration Cart & Rm Visits 5:00 Evening News- Room TV	5 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Rm Exercise - All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Rm Letter Writing-All Units 12:00 Lunch in Room -All Units 2:30 Musical Encounters -3N Video 3:30 Care Tracking - All 5:00 Evening News- Room TV	6 9:10 Daily Chronicle -All 10:00 Rm. Range of Motion-All 10:30 The Gospel Word-CD/All 1:00 Care Tracking-All Units 2:00 LIVE Music w Artel-4N 2:00 Outside Air-Front Patio 2:30 Sentimental Videos-All Unit 2:30 Rm Listening Ear- 4S 4:00 Room Rounds-All Units	7 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Rm Exercise- All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Did You Know Trivia-All 12:00 Lunch in Room -All Units 2:30 Traveling Cookie & Juice. 2:30 Family Phone Calls- All Units 5:00 Evening News- Room TV 6:30 Movie Hour-In Room /All
8 9:00 Daily Chronicle & Rm Visits 9:30 Outside Air-Patio 10:00 Sunday Church / Hillsong TV 10:00 Magazine Distribution-Rooms 10:00 Adult Art on 5South 10:30 1 to 1 Rm Visits -Yolanda -5S 2:30 Ice-Cream Social - All Units 2:30 Quite Time Reading-All Units 2:30 TV TIME - On your own 4:15 Room Rounds -All Units	9 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Yoga Movements- All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Family Phone Calls-All Unit 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Unit Popcorn - All Units 3:30 Care Tracking - All 5:00 Evening News- Room TV	10 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Yoga Movements- All Rms. 10:30 Did You Know Trivia-All 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Traveling cookie & punch - All Units 3:30 Care Tracking - All 5:00 Evening News- Room TV	11 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Exercise-All Rms. 10:30 Nail Painting-4S & 5N Only 10:30 Rm. Sentimental Video-5N 10:30 Rm. Sentimental Video-3S 2:30 Music listening - 2:30 Movie Hour-Unit 4N 3:30 Hydration Cart & Rm Visits 5:00 Evening News- Room TV	12 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Rm Exercise - All Rms. 10:30 In Room -Cook Book Ideas 10:30 Bible Trivia Questions-U 12:00 Lunch in Room -All Units 2:30 News Brief Distribution-Rooms 2:30 Smoking Patio / smokers hour 5:00 Evening News- Room TV	13 9:10 Daily Chronicle -All 10:00 Rm. Range of Motion-All 10:30 The Gospel Word-CD/All 1:00 Care Tracking-All Units 2:00 LIVE Music w Artel- 4N 2:00 Outside Air-Front Patio 2:30 Sentimental Videos-All Unit 2:30 Rm Listening Ear-4S 4:00 Room Rounds-All Units	14 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Family Room Calls - All Units 10:30 Adult Art- Rm Projects / All 10:30 Word Find- Independent 12:00 Lunch in Room -All Units 2:30 Traveling Ice-Cream-Units 2:30 Cross Words Puzzle/ All Units 3:30 Care Tracking -All 5:00 Evening News- Room TV
15 9:00 Daily Chronicle & Rm Visits 11:00 Sunday Church Service On WHUR Radio 10:00 Adult Art on 5South 10:30 1 to 1 Rm Visits -Yolanda -5S 2:00 Outside Air- Patio 2:30 Ice-Cream Cup social-All Units 4:00 Soul Music Listen- 2MPR 4:15 Room Rounds -All Units 5:30 Evening News - Room TV	MLK, Jr. Day 16 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 MLK, Jr. hand out-All Units 10:30 Adult Art- Rm Projects / All 10:30 Family Phone Calls-All Unit 12:00 Lunch in Room -All Units 2:30 Traveling Ice-cream 3:30 Care Tracking - All 5:00 Evening News- Room TV Martin Luther King Jr. Day	17 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Family Room Calls - All Units 10:30 Word Find- Independent 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Cross Words Puzzle/ All Units 3:30 Care Tracking -All 5:00 Evening News- Room TV	18 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Exercise-All Rms. 10:30 Nail Painting-4S & 5N 10:30 Did You Know Trivia-All 12:00 Lunch in Room -All Units 2:30 Unit Rolling Snacks-4N 2:30 Adult Coloring- All invited. 3:30 Hydration Cart & Rm Visits 5:00 Evening News- Room TV	19 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Rm Exercise - All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Rm Letter Writing-All Units 12:00 Lunch in Room -All Units 2:30 Musical Encounters -3N Video 2:30 Smoking Patio / smokers hour 3:30 Care Tracking - All 5:00 Evening News- Room TV	20 9:10 Daily Chronicle -All 10:00 Rm. Range of Motion-All 10:30 The Gospel Word-CD/All 1:00 Care Tracking-All Units 2:00 LIVE Music w Artel- 4N 2:00 Outside Air-Front Patio 2:30 Sentimental Videos-All Unit 2:30 Rm Listening Ear-4S 4:00 Room Rounds-All Units	21 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Rm Exercise- All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Did You Know Trivia-All 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Family Phone Calls- All Units 5:00 Evening News- Room TV 6:30 Movie Hour-In Room /All
22 9:00 Daily Chronicle & Rm Visits 9:30 Outside Air-Patio 10:00 Sunday Church / Hillsong TV 10:00 Magazine Distribution-Rooms 10:00 Adult Art on 5South 10:30 1 to 1 Rm Visits -Yolanda -5S 2:30 Ice-Cream Social - All Units 2:30 Quite Time Reading-All Units 2:30 TV TIME - On your own 3:00 Care Tracking -All Units 4:15 Room Rounds -All Units Chinese New Year (Year of the Rabbit)	23 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Yoga Movements- All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Family Phone Calls-All Unit 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Unit Popcorn - All Units 3:30 Care Tracking - All 5:00 Evening News- Room TV Activity Professionals Week	24 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Yoga Movements- All Rms. 10:30 Did You Know Trivia-All 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Traveling cookie & punch - All Units 3:30 Care Tracking - All 5:00 Evening News- Room TV	25 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Exercise-All Rms. 10:30 Nail Painting-4S & 5N Only 10:30 Rm. Sentimental Video-5N 10:30 Rm. Sentimental Video-3S 2:30 Adult Coloring- All invited. 2:30 Movie Hour-Unit 4N 3:30 Hydration Cart & Rm Visits 5:00 Evening News- Room TV	26 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Rm Exercise - All Rms. 10:30 In Room -Cook Book Ideas 10:30 Bible Trivia Questions-U 12:00 Lunch in Room -All Units 2:30 News Brief Distribution-Rooms 2:30 Smoking Patio / smokers hour 5:00 Evening News- Room TV Australia Day (observed)	27 9:10 Daily Chronicle -All 10:00 Rm. Range of Motion-All 10:30 The Gospel Word-CD/All 1:00 Care Tracking-All Units 2:00 LIVE Music w Artel- 4N 2:00 Outside Air-Front Patio 2:30 Sentimental Videos-All Unit 2:30 Rm Listening Ear-4S 4:00 Room Rounds-All Units	28 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Family Room Calls - All Units 10:30 Adult Art- Rm Projects / All 10:30 Word Find- Independent 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Traveling Ice-Cream-Units 3:30 Care Tracking -All 5:00 Evening News- Room TV
29 9:00 Daily Chronicle & Rm Visits 11:00 Sunday Church Service On WHUR Radio 10:00 Adult Art on 5South 10:30 1 to 1 Rm Visits -Yolanda -5S 2:00 Outside Air- Patio 2:30 Ice-Cream Cup social-All Units 4:00 Soul Music Listen- 2MPR 4:15 Room Rounds -All Units 5:30 Evening News - Room TV	30 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Yoga Movements- All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Family Phone Calls-All Unit 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Unit Popcorn - All Units 3:30 Care Tracking - All 5:00 Evening News- Room TV	31 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Family Room Calls - All Units 10:30 Word Find- Independent 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis. 2:30 Cross Words Puzzle/ All Units 3:30 Care Tracking -All 5:00 Evening News- Room TV	<h1>January 2023</h1> <p>Deanwood Rehabilitation & Wellness Center 5000 Nannie Helen Burroughs Ave. NE Washington DC Marrianna Tangwa - Administrator Phone # 202-399-7504 Ombudsman: Mr. Reed 202-43-2154 Andjie Cherichel- Ext. 1585 Grievance Officer and Social Service Director</p>			

All activities are subject to change. All changes will be posted and put in the daily chronicle.

COVID WATCH - MAIN CALENDER